



See your
dentist
regularly.

Give yourself something to smile about.

Esthetic dentistry can improve the way you look and feel.

There's nothing quite as inviting as a smile. It sets the tone and lets everyone know things are all right. But not everyone is happy with their smile.

Why? The reasons are many and include chipped, cracked, stained, crooked or malformed teeth, as well as gaps between them. With recent advances in dentistry, these and other problems can be fixed in an easy, comfortable and affordable way.

There are many types of esthetic dentistry, which dentists can perform.

Bleaching

Lightening the colour of the teeth by application of tooth whitening solutions. Bleaching can be done in the dental office or at home. When monitored by your dentist it can be done quickly, comfortably and safely.

Contouring

Reshaping can create the illusion of straight teeth. Square teeth can be rounded, long teeth shortened, or the shape can be changed to suit your face.

Resin bonding

Tooth coloured composite resin material is used to close gaps between teeth, cover over defects in the enamel, repair chips and may be used for fillings.

Tooth coloured fillings

Fillings made of either composite resin or porcelain.

Porcelain veneers

A thin veneer of porcelain is bonded to the front surface of a tooth. This is typically used for severely stained, badly chipped, uneven or irregular teeth.

Crowns and Bridges

A crown is a thimble-like covering of porcelain or porcelain supported by metal, fitted over a tooth or implant. This allows for a great deal of control over the size and shape of a tooth. A bridge is a false tooth or teeth supported by crowns on either side.

Orthodontics

Orthodontic treatment is the alignment of the teeth, lips and jaws to create a balanced, pleasing facial appearance, and to help the teeth and jaws function better.

Complete or partial dentures

Dentures replace missing teeth with removable prosthetic devices.

Is esthetic dentistry right for you?

Take this simple quiz to find out.

- Are you unhappy with the overall appearance of your smile?
- If your smile was improved, would you feel more confident?
- If your smile was improved, would you feel happier?
- When you look at your teeth in the mirror, would you like to see anything different?
- If you could change anything about your smile, would you do it?

- Have you ever considered orthodontic treatment?
- Are you self-conscious of smiling or do you hesitate to smile?
- Do you cover your mouth or limit opening your lips when you smile, laugh or talk?
- Are your teeth too dark, light or varied in colour?
- Do you have spaces between your teeth?
- Are your teeth too prominent?
- Are they not prominent enough?
- Does the shape of your teeth bother you?
- Do your teeth have 'notches' at the gum line or a rough surface?
- Do you have chipped or uneven biting edges?
- Do you have broken, decayed or missing teeth?
- Do you have old and discoloured fillings?
- If you have dentures, are you unhappy with them?
- Is it time for that smile you've always wanted?

If you have answered YES to any of these questions, talk to your dentist. We care about you and your teeth.

This information courtesy of your Manitoba Dentist